

GREENVILLE MHC'S MARY KAY CAMPBELL RECEIVES APPRECIATION AWARD

Marie Young, Greenville Mental Health Center



Campbell receives the award from Greenville Rescue Mission Executive Director Bill Slocum.

In May, Mary Kay Campbell received an Appreciation Award from Miracle Hill Ministries in recognition of the work that she does with the homeless mentally ill population in Greenville. It was given in appreciation of the close partnership and collaboration that Mary Kay and her staff have shaped with Miracle Hill over the 10 plus years she has worked at Greenville Mental Health.

This relationship has provided vital care for the mentally ill homeless in our community. Miracle Hill Ministries includes programs and shelters, such as Greenville Rescue Mission, Shepherd's Gate, Overcomers Program, and the Renewal Program. The award was presented to Mary Kay by Bill Slocum, executive director of Greenville Rescue Mission. His words about Mary Kay and her staff were heartfelt and full of gratitude.

In response to the award, Mary Kay was quick to recognize not only herself, but her fellow staff and all of Greenville Mental Health. "One of our goals is to strengthen the work we do with fellow providers to help the homeless in our community. I wouldn't be able to do the work that I do without the help of all of you," she said. We congratulate Mary Kay and her staff on this award and the significant service they provide every day, it is well deserved.

AIKEN-BARNWELL MHC EMPLOYEES HONORED IN SC SENATE

Staff Report

On May 23, Senator Phil Leventis, Chairman Emeritus of The Blue Granite Program, recognized three of South Carolina's best mental health professionals. Rick Acton, Tamara Smith, and Jeff Waddell of Aiken-Barnwell MHC, were honored in the SC Senate Chambers for their extraordinary service, selflessness, innovation, insight, initiative, and persistence toward exceptional outcomes. Nearly a decade ago, The Blue Granite Recognition Program was founded by Senator Leventis to recognize the outstanding services SC state employees perform on a daily basis.

Photo (l to r): Blue Granite Award Winners Jeff Waddell, Center Director Rick Acton, and Tamara Smith



COURTNEY LANDSVERK NAMED 'STAR OF THE QUARTER'

Staff Report



DMH Staff Attorney Courtney Landsverk was chosen as one of the 'Stars of the Quarter' in the June volume of South Carolina Young Lawyer, a report to members of the South Carolina Bar Young Lawyers Division.

Attorneys receive this recognition for service above and beyond the call of duty to exemplify the ideals of the Young Lawyers Division. Landsverk was honored for her work with Habitat for Humanity's Wills Clinics.

Photo: Staff Attorney Courtney Landsverk

DMH OFFICER CANDIDATES COMPLETE LAW ENFORCEMENT CLASS

Captain Jerry Martain, DMH Public Safety



Officer Arnold addresses his fellow classmates.

On July 20, three DMH officer candidates, Patrick Bikas, Marion Arnold, and Argernon Wright, successfully completed the South Carolina Criminal Justice Academy's Basic Law Enforcement Class 586. Officer candidates who attend the Academy are required to complete 12 weeks of training in Police Science, Criminal Law, Firearms, Police Emergency Response Driving, and other police operation tactics. Classes began April 23 and culminated in the graduation ceremony.

Officer Patrick Bikas was recognized as a Distinguished Graduate for maintaining a 96 average throughout the training. Officer Marion Arnold was also recognized by his peers as Class Leader. All three officers are assigned to Patrick B. Hospital in Anderson, South Carolina. Chief Elizabeth Hall and the entire Public Safety Division would like to congratulate all three officers on a job well done.

CHARLESTON DORCHESTER MHC DELIVERS A SOLD OUT CONFERENCE

David Diana, Charleston Dorchester MHC

On June 28 and 29 in downtown Charleston, SC, the Charleston Dorchester Mental Health Center (CDMHC) showcased its first annual mental health conference.

The conference, titled "The Power and Scope of Evidence Based Care," was a true collaborative effort, as CDMHC partnered with the College of Charleston, The Charleston Center of DAODAS, Mental Health Heroes, and several other organizations to turn this vision into a reality. Topics included Trauma Focused CBT, Motivation Enhancement Therapy, The Use of Crisis-De Escalation in Clinical Care, Behavioral Chain Analysis, The Role of Serotonin in Treatment, and A Psychological Analysis of Root Medicine in the Lowcountry.

CDMHC staff were the inspiration behind the two-day conference. Their idea was to share the considerable clinical talents of center staff in a way that would benefit the community and directly serve the Department of Mental Health's mission to support the recovery of people with mental illness. The end result was the formation of an annual conference that would also serve as a fund-raising campaign, with revenue being shared between the Department of Mental Health and co-sponsor Mental Health Heroes (a non-profit organization whose mission is to support the activities and services of CDMHC).

The event played to a sold out audience, attracted the interest of mental health professionals from across the Southeast, and generated over \$7,500 that will support CDMHC clients. Thanks to everyone involved who helped make this event a success on so many levels. Stay tuned for information about our second annual conference in June 2013!



Top: Conference attendees peruse materials at information tables. Bottom: Participants attend a seminar at the event.

DUKE ENDOWMENT GRANTS \$1 MILLION TO DMH FOR TELEPSYCHIATRY

Tracy LaPointe, Public Affairs

In June, the Trustees of The Duke Endowment approved a grant of \$1 Million to DMH to continue and expand the Telepsychiatry Consultation Program in South Carolina.

To meet the critical shortage of psychiatrists in South Carolina's underserved areas, and assist hospital emergency rooms in providing appropriate treatment to persons in a behavioral crisis, DMH utilizes real-time, state-of-the-art video-and-voice technology that connects DMH psychiatrists to hospital emergency departments throughout South Carolina, 24 hours a day, seven days per week. Hospital emergency department consultations with DMH psychiatrists have increased the quality and timeliness of triage, assessment and initial treatment of patients; reduced many individuals length of stay in emergency departments; and allowed participating hospitals to direct critical personnel and financial resources to other needs; thus, realizing financial savings for hospitals.

An ongoing study of the Program's impact on medical

costs by the University of South Carolina School of Medicine determined that there was an overall medical cost savings of at least \$1,000 per episode of care for patients receiving a DMH telepsychiatry consultation. Another finding of the ongoing study is that patients discharged following a DMH telepsychiatry consultation had a significantly

SINCE MARCH 29, 2009,
SCDMH HAS COMPLETED
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HOSPITAL EMERGENCY
DEPARTMENTS.

higher rate of accessing mental health aftercare in the community; thereby reducing their risk of readmission to an emergency department.

Since March 29, 2009, DMH has completed more than 11,800 telepsychiatry consultations with hospital emergency departments. The DMH

Telepsychiatry Consultation Program currently provides comprehensive consultations to 22 SC hospital emergency departments. Six additional hospitals will be added in the next 60 days.

This innovative statewide program is made possible through a series of grants from The Duke Endowment, headquartered in Charlotte, NC. In addition to the support of The Duke Endowment, DMH is assisted in the program by the SC Department of Health and Human Services (DHHS), and the USC School of Medicine. This year DMH also received funding to support the Program from the General Assembly and participating hospitals.

The Duke Endowment, in Charlotte, N.C., seeks to fulfill the legacy of James B. Duke by enriching lives and communities in the Carolinas through higher education, health care, rural churches and children's services. Since its inception in 1924, the Endowment has awarded nearly \$2.9 billion in grants.

PEE DEE MHC'S SUMMER CAMP ISN'T JUST A GOOD TIME, IT'S THERAPEUTIC

Sharon Cooper, Pee Dee MHC



Works by children in the Pee Dee CAF program

At the Lake City CAF department, staff members LaShana W. Barr, Linda W. Jackson, and I are teaching our clients that creative artistic expression can be a very therapeutic technique. Children with emotional problems like depression, anxiety, self-hatred, and rage can benefit from showing their creative sides. They are encouraged to deal with painful emotions by finding freedom in creativity. One of the greatest outlets for powerful, overwhelming feelings is through art. All children, regardless of their limitations or struggles, have feelings that are often hard to describe and give meaning to. Helping them release these emotions is important.

THEY SURVIVED THE 70'S! NAME THE SENIOR STAFFER



She (probably) doesn't zoom up to your center or hospital on her chopper, but this lady spends a good deal of time on the road...



Wait, is that Jimmy Page? Alas, no, but he is known for having great taste in music. Can you identify this Antipodean deputy?



She's known by many for her cool sartorial style, and those sweet eyes are unmistakable... who is she?



He joined the DMH family as a lad in the 60s and is still here today!

They help us set and meet our goals as they juggle projects, committees, and mountains of data. They keep us on our toes. But before they were our buttoned down, no-nonsense leaders, they were fresh faced youth. Ah, the seventies. The hair! The collars! Can you identify these DMHers?

(Answers, page 6)



He seems unflappable, but has a wicked wit and an even more impressive metabolism.



This fellow has apparently *always* had great hair. But does he still have that fierce Firebird (or those fiercer flares)?



Who would expect such a baby face to mask such a prankster? If he's ever gotten you, use this photo as needed.



Proof she was always going far! The baby of this bunch is shown here in Washington, D.C.

CHILD ABUSE RESPONDERS HOLD PROTOCOL SIGNING AT THE ARC

Tracy LaPointe, Public Affairs

On April 27, the Assessment and Resource Center (ARC) hosted a rededication of the Richland County Child Abuse Response Team Investigative Protocol signing in the Wilson Building on the grounds of the Williams S. Hall Psychiatric Institute in Columbia.

The ARC is a member of the Richland County Child Abuse Investigation Multi-Disciplinary Team (MDT), which comprises local law enforcement, Department of Social Services (DSS), The Solicitor's Office, Forensic Medical providers, mental health providers, and victims' services providers, who are dedicated to ensuring a collaborative approach to investigating child abuse in Richland County.

Recently, members of the MDT met at the ARC to re-write its investigative protocol. Leadership from the Solicitor's office, Columbia Police Department, Richland County Sheriff's Department, Department of Social Services, and the ARC, as well victim service providers worked for two days to ensure that the protocol meets the needs of each agency while maintaining its mission of "Child First."

Leadership from each of the MDT's partnering

Agencies were in attendance, including Richland County Sheriff Leon Lott, Columbia Police Chief Randy Scott, Forest Acres Police Chief Gene Sealy, Irmo Police Chief Brian Buck, Fifth Judicial Circuit Deputy Solicitor Dan Johnson, Richland County DSS Director Allen Carter, ARC Program Director Allison Foster, PhD, and ARC Medical Director Susan Luberoff, MD, FAAP.

The ARC, a program of DMH, is a nationally accredited Children's Advocacy Center. Through collaboration with the USC School of Medicine's Department of Pediatrics and Palmetto Health Children's Hospital, it conducts forensic interviews of, and provides psychotherapy programs for, children who are the victims of sexual assault.

The mission of the MDT, which has been in existence for more than 15 years, is to ensure coordinated investigations and collaborative action plans addressing suspected child abuse and neglect. It works diligently to coordinate investigations of allegations and ensure that the impact of investigations do not negatively affect children.

ART OF RECOVERY PROGRAM EXHIBITS AT LOCAL GALLERY, BENEFITS FROM SILENT AUCTION

Sue Perry, Community Resource Development

The Art of Recovery was exhibited at the S&S Art Supply gallery on Main Street in downtown Columbia, July 3 through 27. The exhibit featured 49 works by DMH artists, boasting an eclectic mix of colorful and beautiful pieces. All works were available for purchase, and according to Art of Recovery policy, sale funds went directly to the artists.

On the first Thursday of each month, Main Street is taken over by a combination of performing and visual artists. The event, dubbed First Thursdays on Main, is a loose collaboration among the merchants on Main Street, spearheaded primarily by Frame of Mind, anastasia & Friends, S&S Art Supply, and Tapp's Art Center, which has evolved over the past four years into an evening long series of exhibits, music, and performance.

To celebrate the opening of the exhibition, The Art of Recovery was excited to present the display as part of the First Thursdays series on July 5, with a reception sponsored by Long's Pharmacy. The reception, which was free and open to the public, drew more than 200 visitors, despite Columbia's extreme heat. Before the evening was over, two pieces of artwork had sold. Artists and their guests were in attendance at the reception, and visitors to the exhibit enjoyed speaking to them about their work.

On July 21, S&S Art Supply held its second annual Fundraiser and Silent Auction. The S&S decided this year that the event would benefit not only the store, but a local non-profit organization as well. This year, The Art of Recovery was chosen as that recipient. The auction featured nearly 150 wooden panels decorated by local artists, including Art of Recovery participants. The one of a kind works were placed in a silent auction, held from 2:00 pm to 6:00 pm, with 50% of the proceeds designated to support the Art of Recovery program.

Though the final totals are not yet in, it is estimated that The Art of Recovery will receive a donation of approximately \$2,000 from the event. The Committee is grateful to Eric Stockard and Amanda Ladymon at S&S Art Supply for their support of the program, which is funded entirely by donations.

ANCESTRY DAY AT PEE DEE MHC

Rosemary Barile, Pee Dee MHC

Familiarity with and respect for communication styles, beliefs, rituals, attitudes, customs, courtesies, and health practices of different cultures make us more understanding and enables us to meet the needs of others. At Pee Dee Mental Health, we recognize that culture affects communication and can affect the care of our patients.

Reflecting on our own cultures and experiences and encouraging discussion of these makes us more comfortable in understanding the cultures and beliefs of the clients we serve. We also gain the knowledge that there is diversity within racial and ethnic groups.



(L to R) Debbie Floyd shows off her earrings, representing her Native American culture, Gail Blue wears overalls and hat in honor of her Grandfather, and Rosemary Barile wears a traditional Mexican dress, which was a gift from student from Cuernavaca.

Pee Dee Mental Health held an "Ancestry Day" on June 8. Staff were given the opportunity during their lunch hours to share photos, clothing, and stories of their heritages or cultures. One of the most important lessons we gained from this experience was learning that in spite of the many ways that we are different, we are very similar. It is very interesting to hear of the different ethnic origins and learn about our blended heritages.

TUCKER CENTER PLAYERS MAKE DEBUT

Frances Corley, CM Tucker

While the residents at Tucker Center do not participate in The Art of Recovery through drawn or painted works of art, they are heavily involved in recovery from the theatrical aspect of the Arts.

The Tucker Center Players, a group of residents directed by volunteer Susie Wattenbarger, are perfecting their skills, directing their mal-behaviors, and channeling their energy into other areas through use of the spoken words of Art. They look forward to rehearsals and being part of a group. The group has taught our residents courtesy and respect for others, has given them a purpose, and has provided them an avenue in which they can express themselves.

The Players recently entertained the Mental Health Commission and guests at the June 7 Commission meeting held at Tucker Center. Their excerpt from their skit "Bee All You Can BEE" was well received and rated a standing ovation from the audience.

We are so proud of our residents, staff, and volunteers who are assisting these residents in their ongoing recovery.

PEE DEE MHC PROVIDES TRAINING TO LOCAL DOMESTIC VIOLENCE GROUP

Rosemary Barile, Pee Dee MHC

On May 31 I spoke to the Pee Dee Coalition against Domestic violence and Sexual Assault (PDCADVSA), an organization with a very active volunteer program.

Many in the group were new volunteers and interns from Coker College who will work in various capacities to assist people in rebuilding their lives after abusive relationships.



LaBonnie Guerra (left) and Kristin D'Agneses (right), staff at the PDCADVSA, pose with Rosemary Barile (center).

I spoke to them about the services that Pee Dee MHC provides and ways the two agencies can work together for the well-being of the individuals and families served by PDCADVSA.

Many questions were answered and different scenarios were presented to better equip this new group.

The organization has asked me to continue to train in this area at least four times a year, as our Agencies have frequent contact with each other. I look forward to more training opportunities with these professionals who help those in need."

Staffers, page 4 – Clockwise from top left:

Ligia Latiff-Bolet, PhD, Dir. Quality Management; **Geoffrey J. Mason**, Deputy Dir. Community Mental Health Services; **Valarie Perkins**, Dir. Internal Audit; **Mark Binkley**, Deputy Dir. Administrative Services/General Counsel; **Versie Bellamy**, Deputy Dir. Inpatient Services; **Dave Schaefer**, Dir. Financial Services; **Robert Bank, MD**, Deputy Dir. Medical Affairs/Dir. Columbia Area MHC; **State Director John H. Magill**

WHAT'S GOING ON?

Mental Health Events in South Carolina – click the logos for more information.

An invitation from the
Columbia *Out of the Darkness* Walk Committee and
the South Carolina Chapter of the
American Foundation for Suicide Prevention

Please join us on August 12 from 6:00 - 7:30 pm
in West Columbia Riverfront Park for the
Columbia *Out of the Darkness* Community Walk Kick-off Event!

Special music by Nashville singer-songwriter, Erin Thomas!

Meet the RISE Phoenix Cyclists and hear their amazing story
during their stop-over with us on August 12!

To register for the Columbia Out of the Darkness Community Walk, go to
www.outofthedarkness.org






Bull Street
Life Behind the Wall

September 1 – October 14
SC State Museum

"A Psychiatric Update"

*Annual CME Conference
Friday, September 21, 2012
William S. Hall Psychiatric
Institute
Columbia, South Carolina*



*Jointly Sponsored By:
University of South Carolina
School of Medicine - Palmetto
Health Richland Continuing
Medical Education Organization
and
The South Carolina Department
Of Mental Health
Division of Evaluation, Training
and Research*



Provider Education Program



NAMI Mid-Carolina will begin a Provider Education course September 19 at 1:30 PM, running 5 consecutive weeks at the Columbia Area Mental Health Center on Colonial Blvd.

What is NAMI Provider Education?

The NAMI Provider Education Program is a 5-week course that presents a penetrating, subjective view of family and consumer experiences with serious mental illness to line staff at public agencies who work directly with people experiencing severe and persistent mental illnesses. The class is free of charge, but registration is required. Call (803) 206-2916.



NAMI Beaufort County is celebrating its 7th annual WALK.

Date: September 22, 2012

Location: Coligny Beach, Hilton Head, SC

- Check in: 8:30am
- Walk Start: 10am
- Distance: 5k

For more information about this event, please contact:

Laura Conway

E-mail Laura to learn more about the NAMI Walk Beaufort!



September 28-29, 2012

NAMI SC Annual State Conference
Embassy Suites Columbia - Greystone,
200 Stoneridge, Dr., Columbia, 29210

Registration details for hotel and
conference will be available on July 1,
2012

For more information, contact the
NAMI SC office at (803) 733-9592.



**Out of the
DARKNESS™**
COMMUNITY WALKS
American Foundation for Suicide Prevention

**Riverfront Park
Columbia, South Carolina**

October 14, 2012
1:00 Registration
2:00 Walk
3:30 Closing Ceremony

Register today at OutoftheDarkness.org



Mental Health Matters is a newsletter of the South Carolina Department of Mental Health (DMH). Produced by the Office of Public Affairs, it aims to bring items of interest within the DMH system to the attention of Agency personnel, the Mental Health Commission, mental health advocates, and other stakeholders.

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